



Mental Health
FIRST AID

Mental Health First Aid

This training teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Date/Time:

Thursday, September 17th, 2026
8:00am - 5:00pm CST

United Church of Christ
Spirit of Peace: 6509 Cliff Avenue
Sioux Falls, SD 57108



REGISTER HERE!



In partnership with:

Contact:
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